

Our Place

Issue 63

October half term...



October is a popular time at Thomley, with many of the events and activities firm favourites with our visitors.

A week before half term we kick off the fun, with our spooky Halloween event Trunk or Treat. Always an exciting but safe way to experience Halloween for our young people.

Then half term will start with a bang on Saturday 25th October, as we host our annual reduced sound fireworks display... Well, perhaps quite the opposite as this display is a quieter one. With more emphasis on the visual display than loud bangs which can be hard to cope with for some of our visitors.

Then half term itself - whether it's carving pumpkins, Halloween face painting, circus skills or even the magic skills workshop - there is something for everyone at Thomley during the October break.



A fantastic summer!



THANK YOU to everyone who joined us at Thomley this summer. We've loved welcoming so many of you to Thomley over the school holidays – from talent shows, messy play, and travel themed fun to meeting new friends and making precious memories. Also to everyone who stayed in our camping pods and camping pitches, we are so pleased that many of you have had a break or holiday at Thomley.

Upcoming activities...



Reduced sound fireworks

Saturday 25th October from 5pm

An amazing fireworks display, without all the really loud bangs! This display is more about the fantastic visuals, an enjoyable experience for those who may struggle at other mainstream fireworks events.

October Half Term

Trunk or Treat

Saturday 18th October from 5pm

A safe, familiar and accessible venue to access a Halloween event. Trunk or Treat has been a popular one at Thomley for several years now... Decorate your trunk, dress up and experience a spooky Thomley!

Magician workshop

27th October, from 1-2pm

We have a magician on site to impress you and to let you have a go too!

Circus skills workshop

29th October, from 1-3pm

Test your circus skills, perhaps discover a talent you didn't realise you had!

Pumpkin carving workshop

29th, 30th and 31st October

Bring your own pumpkin or buy one from reception, then join in with making your own design with the help from our staff!



Autumn Camping Pods...



This summer the camping pods were **FULLY BOOKED** for the first time since opening a few years ago.

Thank you to everyone who stayed with us, we have received brilliant feedback and enabled many of you to have a holiday, some for the first time.

The coming months are also much busier than in previous years, however we do have a few nights left in October half term, and some weekends in October.

HURRY and book these before they go. You can do so on our online calendar, here:

<https://buff.ly/3uZhr6m>

Christmas lights trail, NEW to Thomley this winter...

After lots of requests to offer a slightly quieter and more accessible venue to view Christmas lights, we will be offering our own here at Thomley this December.

The Christmas trail will be on over a ten day period, dates and details to be announced soon. There will be limited tickets per night to ensure our events aren't over-crowded.

Watch this space!



Trunk or Treat

Saturday 18th October, from 5pm-8pm

'Trunk or Treat' has been such a hit since we started offering this event several years ago. This trend started in America and we think it is a fantastic accessible activity to bring to you, which is a little bit different to the usual trick or treat! £8 per child / young person to attend - members can attend the event for free using their Member discount code



The activity involves the trunk of your car being open and displaying treats, sometimes games, and decorations. Take a trip around our site and visit the trunks! You can still attend even if you don't want to decorate your own trunk.

We will be serving chilli and nachos or jacket potatoes and lots of Halloween treats from the cafe. We will also be making Halloween slime, doing Halloween facepainting and spooky stories around the firepit!

Dressing up is optional and there will be a prize for the best car boot and outfit on the evening!

To book, visit: www.thomley.org.uk/calendar/

Fireworks

Saturday 25th October, 5-8pm

All are welcome to join us at Thomley for our reduced sound firework display. Carefully selected fireworks that are amazing to watch but with less noise than most displays. The familiar surroundings of Thomley will hopefully help all visitors enjoy the night. We also have ear defenders for those who require them and the pavilion can be used to watch from inside, if again this is easier for some people. There will also be lanterns displayed!

Prices

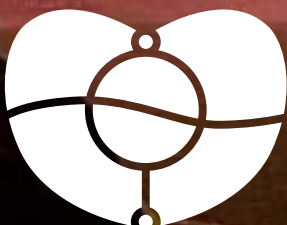
* £26 per family
(2 adults and 2 children)
* £9 single tickets
Members will get a 10% discount on tickets,
email for discount code:
mary.coleman@thomley.org.uk

Food & Drink

Beer/wine/prosecco/ gin
Pizzas
Chips
Hot dogs
Sticky toffee apple crumble
Candy floss
Soft drinks

BOOK TICKETS

Tickets are to be bought upfront for the event and can be purchased online on our online calendar:
www.thomley.org.uk/calendar



Thomley

Christmas Market

22nd November 10am - 3pm

FREE entry - No need to book

Join us for our very popular Christmas Market!

Shop for your Christmas goodies

Eat lovely festive food whilst the kids can play!

Buy tickets for our famous Christmas raffle!

Santas Grotto will be available (book on the day)

Please note our gates will not be locked during the day



To book a stall, please contact us:
fundraising@thomley.org.uk



Thomley

Where are we?
Thomley, Menmarsh
Road, Worminghall,
HP189JZ



Youth Club

FIRST SESSION FREE

For ages 13 and over every other
Thursday, from 6:30pm - 8:30pm

£ 6.50 per
session to
attend or £ 5
if in receipt
of benefits

Parents remain
on site whilst
the session
takes place



For the latest session updates keep an eye
on our Instagram page: [Thomley_](https://www.instagram.com/thomley_)



Please book your places on our online calendar:
<https://thomley.org.uk/calendar>

My Fit Pod private gym now open at Thomley...



My Fit Pod opened at the end of July and we have welcomed several new members through the private doors to our new gym!

Be sure to book in for a session - use this promotional code to receive a discount on your first visit: **"LEAFLETPROMO"**

Download the My Fit Pod app and search for the 'Oxford' branch to book in.

Exercise is something that helps me on a day to day basis with my routine habits, it helps keep me calm and relaxed by feeling like I have done good for my mind and heart. Having a diagnosis of Autism has massively helped me get through difficult challenges and chapters of adulthood. Through living a difficult younger life and not understanding why I was "different" and then going on to University and now even in the working world.

Having the diagnosis has helped me with reasonable adjustments, to get the best out of my work. Exercise has helped me grow as a person and give me self-confidence and motivation to become the man I am today and has helped me overcome many challenges. To all parents out there, keep doing what you're doing and trust in the options available, keep prompting and encouraging your children to stay active and healthy with physical activities that they enjoy. There is so much support available to working towards a positive future. For me, it all started in the gym and giving me more autonomy, and if there is an environment that can help with exercise, then this is one that is adaptable and suitable for all".



Meet new member, Sol...

Sol is one of the newest members of My Fit Pod. His story is one which resonates with gym goers but also the reason we set up this gym - to support those who need a private and accessible space to exercise without judgement and adapted to suit all needs.

Sol got himself a diagnosis for Autism aged 19. His school years were hard, so a diagnosis helped him to adapt and understand who he was. He celebrates that day, as it has shaped the man he is today.

Fitness, sport and the gym are hobbies for Sol. Over the past ten years he has worked hard to establish a good routine, physique and to help channel struggles in day to day life in a positive way. Despite appearing physically strong, confident and not phased by public gyms, a gym like ours offers a unique difference from mainstream gyms, that someone such as Sol may find difficult. Here's what he had to say:

"Using My Fit Pod Oxford was a massive change to the gyms I'm used to. It is a quiet and calm environment to focus in. I felt I was in a safe space where I did not have peering eyes on my mind whilst I was exercising. The room was a controlled AC temperature when heat is something I have always struggled with and I did not have the distress of other sounds that made me feel distracted and overstimulated."

At My Fit Pod there is no judgement. The private space offers controllable features to adapt a gym session to suit you - rather than you having to adapt to be in a public gym. The music is your choice - or have none, if noise is stressful for you. No queues for equipment. No unnecessary small talk which may fill you with dread. Even parking right outside the door.

Well done to Sol for adapting, being a positive role model for others with Autism and learning to embrace life despite challenges. We're so glad our space enables you to workout without obstacles that can be difficult.

Be like Sol. Join My Fit Pod Oxford today

Three spaces or rooms available to rent at Thomley...

- * Two / three person first floor office / room.
- * Three / four person first floor office / room.
- * One person first floor office / room.

Your space includes: parking, use of tea and coffee facility, toilets, access to a shared meeting room and full internet access.

The fees you pay for your office go directly into our Charity and therefore support our visitors. Please note these do not need to be used just as an office, all enquiries welcome.

To arrange a viewing or to discuss the terms of our offices, please contact Operations Manager Anna: anna@thomley.org.uk

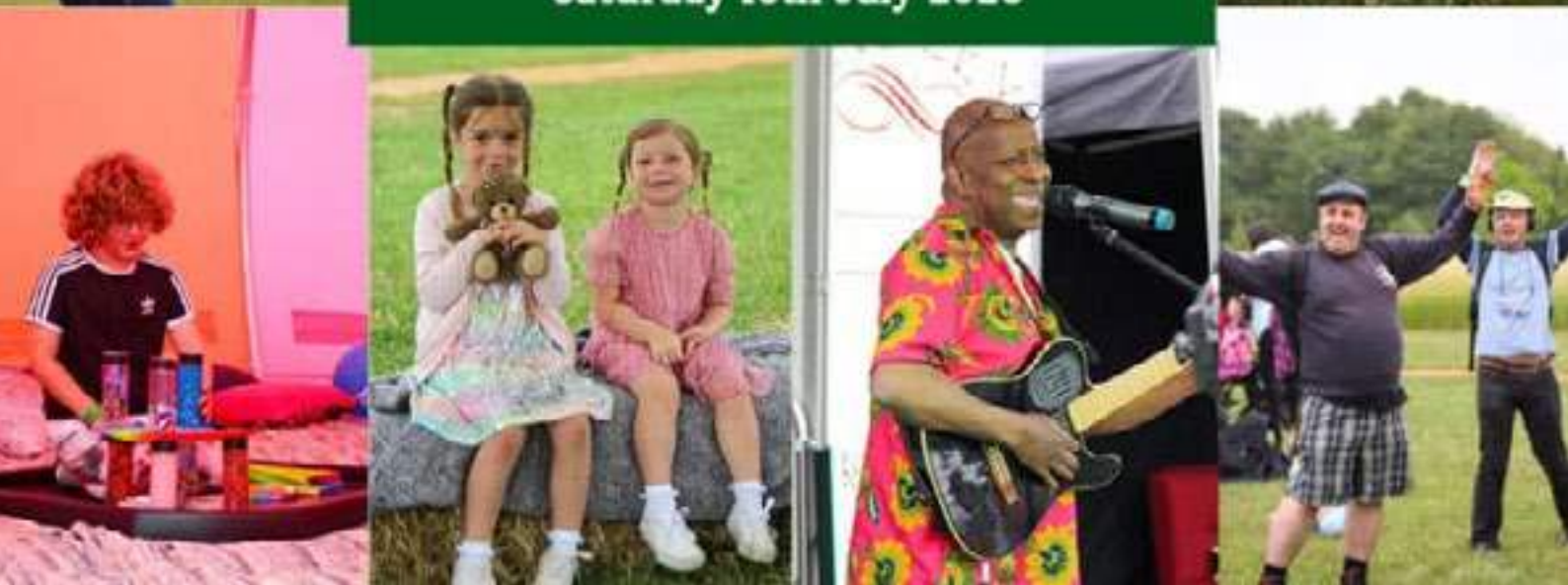


Thomley's Charity Silver Ball

Saturday 15th November 2025, 6:30pm until 1am



ACCESSIVAL 2026 SAVE THE DATE
Saturday 18th July 2026



Join us for our annual Charity ball where we put on a fabulous three course meal and party the night away, all in the name of Charity.

The night is always such fun, with a three course meal, arrival drinks, all night bar, auction and raffle - then plenty of time to dance the night away! Places are £60 a person. You can book single tickets or book a table of between 10 and 12 people. This year is a silver themed ball as it's Thomley's 25th anniversary.

Book tickets here: fundraising@thomley.org.uk or call us on 01844 338380 to book tickets or a table.



Thomley