

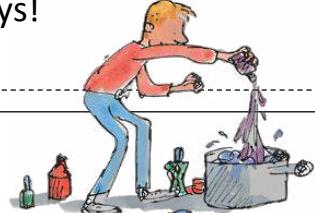
Your Life, Your Choice

Social & Communication Skills

Choice 1: Lego games

Choice 2: Communication games

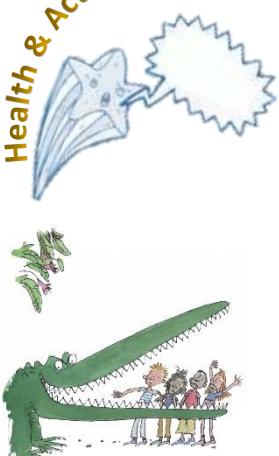
Choice 3: Join in with the group activities, every Thursday on adult days!



- Social support outcomes
 - Improved language, communication and interactive skills
 - Improved social skills to develop sustainable friendships and networks
 - Practical social skills and tools to function in society



Health & Active Life Style



Choice 1: Gross motor skills game

Choice 2: Parachute games

Choice 3: Paddle boards

Choice 4: Bike time trials

Don't forget our team are willing and able to adapt physical activities to suit an individual.

- Physical development
 - Increased access to health enhancing opportunities through inclusive sport and physical exercise
 - Greater awareness of healthy lifestyle choices



Check out these photos of youth club!

Life & Independence Skills



- Life skills practiced in a safe environment before confronting alternative environments

Increased independence and confidence to make choices, to be more adventurous and take measured risks

Choice 1*: Lickable wall paper

Choice 2*: Revolting recipes

Choice 3*: Finger food

Choice 4* Fizzy lifting lemonade



Come on get involved!

WE WANT YOUR CONTRIBUTIONS...
We need you to let us know what you are up to and share your Thomley experiences.
email:
anna@thomley.org.uk

Youth Group needs more girls!
Are you aged 13-19?
Email:
anna@thomley.org.uk

We always want your input, please let me know if you have any

*These activities will require booking at least two days before your Thomley visit.



NOTICE BOARD

Celebrating some of the achievements of Thomley's young people. Look out for your name!

- Emotional well-being and behavioural development
 - Increased levels of confidence, self-esteem and resilience
 - Increased feeling of being valued and accepted
 - Reduced negative behavior at home and improved sleep patterns
 - Increased tolerance and understanding of other people's abilities and disabilities

* Book a $\frac{1}{2}$ hour slot to have a friendly chat with our senior youth worker Anna, about any issues you may be having. (If you want to give her a heads up on the topic, Anna can dig out some information for you too.)

Disscusion & Topical Opportunities



Learning through play and informal education

- Increased engagement in positive, purposeful activities which are fun and educational Curriculum practiced in real situations (e.g. language, numeracy, literacy, science, physical development & citizenship)
 - Widened horizons, inspiring personal goals and future aspirations
 - Increased knowledge of specific skills which are extended at home (e.g. horticulture and riding a bike)

Choice 1*: Hama beads

Choice 2*: Roly poly bird art

Choice 3*: Finger knitting

Choice 4* Chocolate boxes



Hobbies & Early Vocational Skills

Community & Miscellaneous

Increased opportunity to play and be themselves, free from the responsibilities of caring or judgement of others

- Increased opportunity to socialize with friends and develop friendships
- Greater opportunity to spend quality time with parents and disabled siblings

SPECIAL EVENTS

Our adult days are now twice a week...Tuesday and Thursday!



Soundabout 13th Feb

Ignite sports 15th Feb

Teen Adult day 18th Feb

Easter holiday activities to be released at the beginning of March

