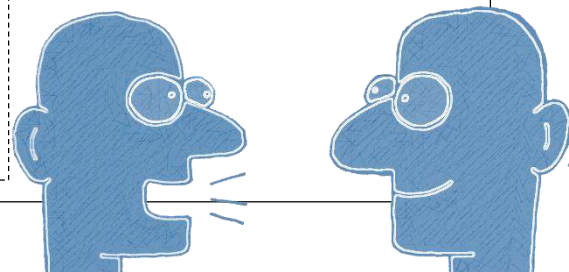


Your Life, Your Choice

Social & Communication Skills

- Choice 1: Lego games
- Choice 2: Communication games
- Choice 3: Join in with the group activities every Thursday on adult day!

- Social support outcomes**
- Improved language, communication and interactive skills
 - Improved social skills to develop sustainable friendships and networks
 - Practical social skills and tools to function in society



Targets & Achievements

Celebrating some of the achievements of Thomley's young people. Look out for your name!

NOTICE BOARD

You are getting more adult days in term time! Visit us on a Tuesday and a Thursday from 2016!!



Check out these photos of youth club!

We have been snail racing!

WE WANT YOUR CONTRIBUTIONS...

We need you to let us know what you are up to and share your Thomley experiences.

email: anna@thomley.org.uk

Thank you for all those who came to our Christmas Craft Fair!

Have a very merry Christmas, and we are looking forward to you joining us in the new year!

Youth Group needs more girls!

Are you aged 13-19?

Email anna@thomley.org.uk

- Emotional well-being and behavioural development**
- Increased levels of confidence, self-esteem and resilience
 - Increased feeling of being valued and accepted
 - Reduced negative behavior at home and improved sleep patterns
 - Increased tolerance and understanding of other people's abilities and disabilities

* Book a ½ hour slot to have a friendly chat with our senior youth worker Anna, about any issues you may be having. (If you want to give her a heads up on the topic, Anna can dig out some information for you too.)

Discussion & Topical Opportunities

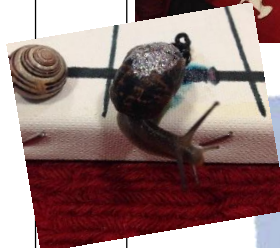


Health & Active Life Style

- Choice 1: Gardening
- Choice 2: Nature walk
- Choice: Gross motor skills game
- Choice 4: Parachute games
- Choice 4: Don't jingle the bells game

Don't forget our team are willing and able to adapt physical activities to suit an individual.

- Physical development**
- Increased access to health enhancing opportunities through inclusive sport and physical exercise
 - Greater awareness of healthy lifestyle choices



Learning through play and informal education

- Increased engagement in positive, purposeful activities which are fun and educational
- Curriculum practiced in real situations (e.g. language, numeracy, literacy, science, physical development & citizenship)
- Widened horizons, inspiring personal goals and future aspirations
- Increased knowledge of specific skills which are extended at home (e.g. horticulture and riding a bike)

- Choice 1: Salt dough ginger bread
- Choice 2: Christmas cards
- Choice 3: Tree decorations
- Choice 4: Gingerbread house craft
- Choice 5: Sewing
- Choice 6: Nail painting
- Choice 7: Gift making
- Choice 8: Christmas crafts

Hobbies & Early Vocational Skills



Life & Independence Skills

- Life Skills Outcomes**
- Life skills practiced in a safe environment before confronting alternative environments
 - Increased independence and confidence to make choices, to be more adventurous and take measured risks

- Choice 1*: New Year healthy yoghurt snacks
- Choice 2*: Reindeer sweet treats
- Choice 3*: Snowmen biscuits
- Choice 4* Peppermint cream
- Choice 5*: Bruschetta



- Increased opportunity to play and be themselves, free from the responsibilities of caring or judgement of others
- Increased opportunity to socialize with friends and develop friendships
 - Greater opportunity to spend quality time with parents and disabled siblings

SPECIAL EVENTS

- Panto - 5th Dec
- Christmas Party – 19th Dec



Community & Miscellaneous

*These activities will require booking at least two days before your Thomley visit.