

Support us



We are a non-profit, charitable organisation. Over a thousand disabled people use our service each year and for many our centre is a lifeline. Without the support of our donors and volunteers we simply wouldn't exist.

Donate

However large or small, your financial contribution will directly support disabled people and their families. To make a donation or start a regular gift, visit our [JustGiving page](http://www.justgiving.com/thomley) www.justgiving.com/thomley or call 01844 338380.

Fundraise for us

Are you interested in supporting Thomley by taking on a sponsored challenge or organising an event? Perhaps you know of a local social group, church or school that could fundraise for us? To request our fundraising guide, please email fundraising@thomley.org.uk

Corporate support

At Thomley we value our corporate partnerships. If your company chooses to support us we will help you plan your fundraising activities, provide volunteering and team-building opportunities, and work with you to generate local publicity.

Volunteering and work experience

By giving your time, you can help us to organise children's activities, publicise Thomley Activity Centre and keep on top of all kinds of essential jobs.

Where does the money go?

86% of our income is spent directly running our services for disabled visitors and their families, and the costs of maintaining our facilities. To ensure the charity remains sustainable, it is essential that we invest each year in generating future income through fundraising and marketing activities.

Our annual report of activities, 'The difference you make', is available on our website and our full accounts are published in January each year. To request a copy of either, please email fundraising@thomley.org.uk

Keep up with our news

facebook.com/FriendsOfThomley
twitter.com/Thomley_
www.thomley.org.uk

Finding us

Our centre is just outside the village of Worminghall between Oxford and Aylesbury. For directions to the centre, or to talk through transport problems, please visit our website or get in touch:

Menmarsh Road, Worminghall, Buckinghamshire HP18 9JZ
E enquiries@thomleyhall.org T 01844 338380
www.thomley.org.uk

Patron Ken Bruce
Fundraising Ambassador Josephine Fitzalan Howard
Sports Ambassador Bryan Steel
Registered Charity No 1089224



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Thomley

We bring disabled people, their families, carers and friends together with experienced and nurturing staff that understand their needs.

A place for people of all abilities and disabilities



www.thomley.org.uk

Thomley

Thomley was founded in 2002 by parents of children with Autism and complex needs who wanted a safe, accessible and fun place to spend time together as a family – somewhere the staff and other visitors would be understanding and supportive.

What do we offer?

Our site is spacious and secure, with an excellent range of fully-accessible facilities. Each day our friendly and experienced staff run fun and educational activities which cater for all ages and abilities.

Who can visit?

We welcome disabled people of all ages, from babies to adults, and their families, carers or friends. We support people at any stage of their diagnostic journey, whatever their additional needs.

We offer regular days for disabled visitors and their families. We also offer focus days for pre-school children, adults, schools, respite groups and the wider community when any family can join us to enjoy our facilities. **For more information, or to book your visit call 01844 338380.**

When can you come?

We are open from 10:00 am to 3:30 pm, Tuesday to Saturday. In the school holidays we open on Mondays too. We also run evening youth clubs for disabled teenagers and take bookings for birthday parties and disability events. **Take a look at our website to see when would be best to visit www.thomley.org.uk/visit-us**

What does it cost?

It is important to us that anyone who needs our service can access it. Wherever possible we fundraise to subsidise costs, but we also recommend that visitors make a donation as a small contribution towards their visit.

Our four main charitable goals

1 Disabled children

To improve the self-esteem, happiness and quality of life of disabled children, siblings and friends, by offering healthy and purposeful activities enabling them to play, learn and socialise together.

2 Disabled teenagers and adults

To help disabled teenagers and adults make new friends and develop life and work skills, through activities of their choice.

3 Parents and carers

To provide a place where the whole family can spend quality time together, enabling the parents and carers of disabled children a chance to meet and to access information and support.

4 Community

To make the lives of disabled people easier by promoting disability awareness within the community, helping others to understand the issues families face, along with practical measures for inclusion.

time!



Physical activity, sport and outdoor fun

Our indoor soft play area is purpose built and contains a ball pool, rope ladder, swinging sausage, tactile shapes, dens, tunnels and an infinity hut. Our visitors can safely explore, climb and grow in physical confidence.

Outside, there is plenty of space for sports and outdoor fun. Our seven-acre playing field is surrounded by peaceful countryside, but completely secured within an eight-foot perimeter fence.

Our playground equipment has been designed for the needs of our disabled visitors and includes: a covered sandpit; adapted swings and zip wire; wheelchair-friendly play fort and roundabout; an accessible garden with allotment; and a one-kilometre cycle track with a good selection of bicycles, tricycles and go-karts.

Social development

Whether becoming familiar with friendly faces as they arrive at the centre, or through small talk at our reception as they leave, disabled children and adults are encouraged to develop their confidence and social skills so that they feel socially accepted in the wider community.

Young disabled people are encouraged to take part in games that involve turn taking, being patient, talking to others, trust-building and using sign-language skills.

At Thomley, people without a disability come to realise it is not threatening to be different. The interaction between all our visitors educates and increases the acceptance of others regardless of their abilities.

Sensory activities

Our sensory room can be hired separately by a family or group. Bubble tubes, music, a multi-sensory ball pool, vibrating mattress, shadow board, tactile equipment, toys and a hanging chair, all stimulate and challenge sensory development. A ceiling hoist ensures the room is accessible to all. We also provide sensory activities on most days: cooking, gardening, water play, messy play, bubbles or aromatherapy, for example.

Art, craft and music

Musical instruments and equipment are a great way of exploring and enhancing sensory interaction. We offer a range of indoor and outdoor percussion instruments and drums, as well as a piano and other instruments to provide a stimulating experience for our visitors.

Imagination and creativity can be explored in our art and craft room. Painting, cutting, sticking, modelling, building and drawing are just a handful of activities that we offer each day. We frequently run additional creative workshops and our staff are always on hand to help.

Our work with teenagers and adults

Our teenage 'den' offers computer consoles, a pool table, foosball or sofas to just chill out with friends. The evening youth club is a further chance to enhance friendships and independence skills with peers, whilst parents can take a break. We offer regular 'adult days' for disabled people aged sixteen and upwards, enabling them to join in with engaging activities and to make new friends.

Life and work skills

Thomley provides specific skills-based activities to help prepare our visitors for their adult lives. Visitors can gain work skills from administrative tasks, gardening, and running our tuck shop, to cooking and of course clearing up the mess afterwards.

“Thomley has a wonderful feel about it, a community feel. At other places I feel on edge, that people are looking and commenting. Here it feels friendly, our children are accepted, and no one comments or is shocked. I don't feel on guard, or that I have to apologise for my child's disability. It is nice to meet other parents, to share experiences. People are friendly and helpful, both parents and staff. Nothing is too much trouble, things are explained and you can ask for help.”

A Parent

